

## Providing A Suitable Therapy Environment

We are so excited to be able to help you achieve your therapy goals. To meet our legal obligations as an employer and in order for our therapists to be able to help you effectively, there are a few things that you may need to prepare to provide a suitable therapy environment inside your home.

### **Tabletop Sessions**

Therapy may include you or your child sitting at a table with one of our therapists. In order to do this effectively, you will need to provide a table that has two places clean and free from clutter and two chairs. Usually, the family dining table is a good place for this, but it could also be a desk that you have in your home.

### **Sessions on the Floor**

Some therapies like Physiotherapy or Occupational Therapy may take place on the floor. If this is the case, you will need to identify a suitable area of your home that is approximately 3m x 3m that is clean and clear of clutter.

### **Sessions Outside**

Depending on what your goals are, some therapists may want to work with you outside in your front or backyard. If this is the case, then you will need to discuss with them how much space they require. Please ensure that this space is clear of trip hazards and animal faeces.

### **Additional Requirements**

In addition to those spaces being needed, your home will need to be:

- Free from strong odours such as animal, cigarette, rubbish, or mildew odours for the time our therapists are present.
- Free from human and animal faeces, and urine in and on the way to the therapy spaces.
- In some cases, our therapists might have allergies to certain animals in which case your therapists might discuss alternate venues for therapy or look at other options with you.

We understand that providing this safe and effective therapy environment may be challenging for some of our families and we don't want you to miss out on the help you need because of this. If you are unable to provide the environment as described above, you may be asked by your therapist to move the location of your sessions to a more effective therapy environment. Some examples of other environments may be a room at the local library or community centre or the local park.

If your therapist has any concerns about the therapy environment, they will address them with you in the first couple of sessions. Thank you for your cooperation and for helping us to maintain a safe and effective therapy environment.